



# 2020 Spring Enrichment Program

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## ABOUT US

The Play Area Association (PAA) is a community-based volunteer social organization for families run by a hardworking group of dedicated parents. The PAA is open to families of The NewYork-Presbyterian Hospital, Memorial Sloan Kettering Cancer Center, Hospital for Special Surgery, Rockefeller University, Weill Cornell Medical College, their affiliate institutions, and alumni of these training programs.

## ABOUT THE ENRICHMENT PROGRAMMING

The PAA offers a wide variety of discounted early childhood education enrichment classes for member children and classes for adults. In general, **spring semester classes will be held weekly from February 1, 2020 through June 27, 2020.** Please see the following pages for a detailed schedule for each class, as dates may vary.



Classes are held in the following locations in Payson House, 435 East 70th Street:

- Payson Classroom - *2nd floor, room #202*
- Payson Playroom - *Indoor playroom to the left of the doors off the lobby*

## PAA Class Registration Procedure and Policies

To register for a class, please complete the PAA's online registration at:

**[www.paanyc.org](http://www.paanyc.org) -> 'Kids Enrichment Classes' -> 'Registration'.**

In advance of registering, please note the following:

- 1) Your child *must* be the stated age for the class you select on the date that classes begin.
- 2) When registering, please select your first and second choices for class times. We will do our best to accommodate your preferences as long as your child is the stated age for that specific class when classes start.

**NOTE:** Only put down times you can attend. If you decide after you register that the time will not work, you will be charged an administrative fee of \$25, per item 4 below.

- 3) Register early to secure spots in classes of interest. Class assignments usually happen in order of registration (first-come-first-serve), with some discretion by the chair between 1st/2nd choices to balance session numbers.
- 4) There is a \$25 non-refundable administrative fee per class that takes effect once you register. This fee will *not* be returned if a student drops out of a class.
- 5) Assignment is not secured until payment is made and no child may attend a class if payment has not been made.

Once a class is full or when registration closes, you will receive an email confirming registration with instructions on how to make a payment. Online payment is required by payment via Stripe or credit card (for a small fee) before classes begin. **Paper checks and cash cannot be accepted as payment by the PAA.**

Classes will observe holidays according to the New York City Department of Education's calendar unless otherwise noted in the individual class schedule. There are no make-ups, refunds, or credits for individual families whose child is enrolled in a class but is unable to attend for personal reasons.

### Sibling Policy

- If a sibling child is old enough to participate and anticipated to participate, s/he should be a paid member of the class.
- A 50% discount will be offered for a 2nd sibling attending the same time slot of a non-drop-off class (where caregiver must attend). This discount does not apply for drop-off classes.

### Helper Policy

Drop-off classes require a rotating helper schedule, in which a parent or caregiver must stay to assist the teacher with taking children to the restroom. This policy is in place so that the room never remains unattended and to avoid the need of bringing all students to the restroom, which both interrupts instruction and shortens the class period. Class chairs will communicate the helper schedule to parents and the PAA asks that the schedule is strictly adhered to and respected.

Any parent or caregiver who misses one assigned helper day will be issued an initial warning. The PAA reserves the right to cancel class enrollment for continued and repeated violations of the helper policy.

### Class Cancellation and Reimbursement Policy

1. *Make-up Classes*: There are no make-up classes, but refunds will be administered according to the policy set forth in item 2 below.

2. *Refunds / Credits*:

a. Refunds will be provided for classes unexpectedly cancelled by the instructor.

**New for 2020:** Any refund issued for an unexpected class cancellation that occurs 90 days after the start of the semester will be processed as a paper check at the end of the spring session. If a teacher has multiple class cancellations necessitating multiple refunds after this 90-day period, all refunds will be provided in a single check.

There may be scheduled absences that will be communicated to families in advance of registration. No refunds will be provided for these scheduled absences.

b. Refunds will NOT be provided for classes unexpectedly cancelled by weather conditions. PAA enrichment scheduling and snow/inclement weather cancellations follow the New York City Department of Education's calendar—if NYC public schools are closed due to a holiday or inclement weather, no PAA classes will be offered that day.

c. No refunds or credits are given to an individual family whose child is enrolled in a class but is subsequently unable to attend a class for personal reasons.

d. Classes can be dropped no later than the end of the first week following the first class of the spring session. Please send cancellation requests to the class chair in writing, via email. Families will be reimbursed for the total amount, minus the cost of the class, if attended. The \$25 administrative fee will not be returned.

e. If you join a class late, fees will be prorated.

3. *Notification of Class Cancellation*: Instructors or class chairs will notify parents as far in advance as possible if a class is cancelled. However, in case of last-minute cancellations (e.g., if NYC schools are not closed but the instructor is unable to come to class, sick day, etc.), class chairs will email all families of the cancellation as soon as practicable.

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# ENRICHMENT CLASS DESCRIPTIONS

## Art

### **Art on the Move!: Process Art for Toddlers**

**Age:** 2 – 3 year olds

**Day:** Mondays

**Time:** 3:30 p.m. – 4:15 p.m.

4:30 p.m. – 5:15 p.m.

**Location:** Payson classroom

**# of Sessions:** 17 (No classes on February 3,  
February 17, April 13, May 25)

**Fee per child:** \$277.88

This class will be a feast for the toddler senses! Mounting research shows that young children learn best through active, self-direct play and experimentation. So we will be squishing, splattering, dripping, dropping, tossing, mixing, pouring, spinning, and jumping, and engaging our whole bodies as we explore an exciting array of high quality materials and techniques. From paint and glue to clay and goop, each activity is designed to meet and gently expand a toddler's developmental skill set.

Since this is a process-oriented class, some activities will yield a take-home project, and others will be more experiential. There are so many times toddlers hear the word “No,” this class is all about the word “Yes”! As such, please send your child in mess-able clothes and come ready to have fun and learn alongside your little one!

Maximum 6 children per class.

\*This class requires a caregiver to accompany each child and help out with small tasks like holding a jar of paint, or tying a knot, and generally helping children to engage and focus.



## **The Sounds of Art: Phonics and Process Art for Preschoolers**

<b>Age:</b>	<b>3 – 5 year olds</b>
<b>Day:</b>	<b>Mondays</b>
<b>Time:</b>	<b>5:30 p.m. – 6:15 p.m.</b>
<b>Location:</b>	<b>Payson classroom</b>
<b># of Sessions:</b>	<b>17 (No classes on February 3, February 17, April 13, May 25)</b>
<b>Fee per child:</b>	<b>\$277.88</b>

Mounting research shows that young children learn best through active, self-direct play and experimentation. So, we will be engaging our whole bodies in open-ended art activities as we explore an exciting array of high quality materials and techniques and work on our phonemic awareness along the way! Scratch, swish, splat, plop, crunch, crackle, drip, and drop! There are so many fun sounds to explore in the process of creating art! As we crunch tissue paper, and splatter paint, we will focus on a specific phonetic sound that goes along with each art activity.

In addition, each activity is designed to meet and gently expand a preschoolers emerging early literacy skills such as: shape and letter recognition, rhyming, pincer grasp, and spatial reasoning. Students will be encouraged to dictate a title or description for take-home projects to encourage narrative development, and we will have free reading periods to help develop your little reader's love of books :) This is a hands-on, active art class where children will be empowered to follow their ideas freely and try new things, so please send your child in mess-able clothes and expect to be hearing great stories about our adventures!

Maximum 6 children per class.

\* This is a drop-off class with a required helper rotation.

\* Children will be encouraged to explore freely and get messy, so please make sure to send them in mess-able clothes.

## Dance

### Pre-Ballet

<b>Age:</b>	<b>2 – 3 year olds</b>
<b>Day:</b>	<b>Wednesdays</b>
<b>Time:</b>	<b>3:15 p.m. – 3:50 p.m.</b> <b>3:50 p.m. – 4:25 p.m.</b>
<b>Location:</b>	<b>Payson classroom</b>
<b># of Sessions:</b>	<b>17 (No classes on February 19, April 8, April 15, June 17)</b>
<b>Fee per child:</b>	<b>\$178.50</b>

Pre-ballet classes for 2 to 3 year olds return to the PAA for the spring led by professional dancer Katie Lohiya. Ballet emphasizes basic dance principles and is set to fun and exciting music. Your child will build strength, flexibility, coordination and large motor skills. Each child will be encouraged to advance safely at his or her own pace. No experience necessary.

Maximum seven students for all ballet classes.

\*Pre-ballet requires a parent/caregiver to participate in class.

### Ballet

<b>Age:</b>	<b>3-6 year olds</b>
<b>Day:</b>	<b>Wednesdays</b>
<b>Time:</b>	<b>4:30 p.m. – 5:05 p.m. (3 – 4 year olds)</b> <b>5:15 p.m. – 6:00 p.m. (3 – 4 year olds)</b> <b>6:00 p.m. – 6:45 p.m. (4 – 6 year olds)</b>
<b>Location:</b>	<b>Payson classroom</b>
<b># of Sessions:</b>	<b>17 (No classes on February 19, April 8, April 15, June 17)</b>
<b>Fee per child:</b>	<b>\$178.50</b>

Ballet classes for 3-6 year olds return to the PAA for the spring led by professional dancer Katie Lohiya. Ballet emphasizes basic dance principles and is set to fun and exciting music. Your child will build strength, flexibility, coordination and large motor skills. Each child will be encouraged to advance safely at his or her own pace. No experience necessary.

Maximum seven students for all ballet classes, except for the 6:00 class, which has a six-student maximum.

\*Ballet classes require a weekly rotating helper/caregiver to assist in each class.

## Little Rockstars - Dance Class

<b>Age:</b>	<b>4 months – 4 year olds</b> <b>Siblings under 4 months are allowed to attend without being registered.</b>
<b>Day:</b>	<b>Wednesdays</b>
<b>Time:</b>	<b>8:30 a.m. – 9:00 a.m. (All Ages)</b> <b>9:00 a.m. – 9:30 a.m. (All Ages)</b> <b>10:00 a.m. – 10:30 a.m. (All Ages)</b> <b>10:30 a.m. – 11:00 a.m. (All Ages)</b>
<b>Location:</b>	<b>Payson playroom</b>
<b># of Sessions:</b>	<b>18 (No classes on February 19, April 15 and June 24)</b>
<b>Fee per child:</b>	<b>\$189</b>

This class is a great way to introduce your little Rock & Rollers to basic musical concepts. (High/low, Fast/Slow, Loud/Soft). These classes also introduce children to classic artists and bands, and allow parents and caregivers to dance and sing along. Channel your inner rockstar with singer/guitarist Nick Moran in this interactive and fun-filled class. You and your child will sing and dance to weekly themes featuring legendary artists like The Beatles, The Rolling Stones, Michael Jackson, Journey, Elvis, Fleetwood Mac, Stevie Wonder, Aretha Franklin, Bob Dylan, and more. Explore basic musical concepts, play age-appropriate instruments, and share the joy of music. This class is designed to encourage your little one's natural excitement about discovering and making music together.

**Siblings under 4 months are allowed to attend without being registered.**

\* Caregivers must be present.

## Language

### Mandarin Tots

<b>Age:</b>	<b>2-3 year olds</b>
<b>Day:</b>	<b>Thursdays</b>
<b>Time:</b>	<b>3:15 p.m. – 4:00 p.m.</b>
<b>Location:</b>	<b>Payson classroom</b>
<b># of Sessions:</b>	<b>15 (No classes on February 6, February 13, February 20, April 9, April 16, June 4)</b>
<b>Fee per child:</b>	<b>\$170.62</b>

This class aims to provide a fun introduction to Mandarin through playing and socialization. Classes will combine music, movement, sensory exploration activities, reading, and creativity.

Maximum 12 students.

\* Caregivers must be present.

### Mandarin Fun

<b>Age:</b>	<b>3-5 year olds</b>
<b>Day:</b>	<b>Thursdays</b>
<b>Time:</b>	<b>4:00 p.m. – 4:45 p.m.</b>
<b>Location:</b>	<b>Payson classroom</b>
<b># of Sessions:</b>	<b>15 (No classes on February 6, February 13, February 20, April 9, April 16, June 4)</b>
<b>Fee per child:</b>	<b>\$170.62</b>

This is a Chinese learning class for young learners that emphasizes tactile learning. It combines games, physical movements from dance, and creative gestures with songs, stories and rhymes to promote high engagement. The class also implements elements of arts and simple crafts to encourage creativity and interactivity. Students will become familiar with simple words and phrases through playing and learning.

Maximum 8 students.

\* This is a drop-off class with a required helper rotation.

## Music

### Music for Everyone!

<b>Age:</b>	<b>4 months to 4 years (see Sibling Policy below)</b>
<b>Day:</b>	<b>Tuesdays</b>
<b>Time:</b>	<b>3:15 p.m. – 4:00 p.m.</b> <b>4:15 p.m. – 5:00 p.m.</b> <b>5:15 p.m. – 6:00 p.m.</b>
<b>Location:</b>	<b>Payson classroom</b>
<b># of Sessions:</b>	<b>19 (No classes on February 18 and April 14)</b>
<b>Fee per child:</b>	<b>\$285</b>

Mr. Corbitt brings you a weekly series of early childhood music classes aimed at infants, toddlers and preschool-age children. Our theme and activities will change every two weeks, allowing repetition to encourage recognition, absorption, and learning. No matter the age range present in each class, Mr. Corbitt will skillfully adapt each game and activity to the developmental stage of each of his little learners. We'll explore a wide variety of musical genres peppered with familiar nursery rhymes, and we'll discover fundamental musical concepts through highly structured movement games, rhythmic patterns, and exploration of pitch, volume, texture, and tone. We'll focus on group singing, dynamic movement-based games, genre exploration, imaginative play, and simple early childhood music theory concepts. Each week, Mr. Corbitt will bring a new set of instruments, movement props, his favorite story of the week, parachutes, and bubbles! Come join us for an exploration and celebration of music.

Maximum 10 kids per class.

Sibling Policy: Children ***under 6 months*** of age (by the first day of class) must register, but will not be sent an invoice. Children ***6 months and older*** must be registered separately and in addition to their sibling(s). The sibling discount (50%) will be applied.

\* Caregivers must be present.

\*\* Due to the overwhelming popularity of certain time slots, registrants may not be given their preferred choice, even if they register early. Since you may be assigned your alternate session, please select the time slot only if you are truly willing to commit to it.

## Science

### Beginning Sciences

<b>Age:</b>	<b>All Ages, but please see “Time” below for specific sections</b>
<b>Day:</b>	<b>Fridays</b>
<b>Time:</b>	<b>3:30 p.m. – 4:10 p.m. (18 months to 2 years)</b> <b>4:25 p.m. – 5:05 p.m. (2 to 3 years)</b> <b>5:20 p.m. – 6:00 p.m. (All ages, caregivers required for those under two years)</b>
<b>Location:</b>	<b>Payson classroom</b>
<b># of Sessions:</b>	<b>17 (No classes on February 21, February 28, April 10, April 17)</b>
<b>Fee per child:</b>	<b>\$148.75</b>

Beginning Sciences focuses largely on introducing students to the structure of a classroom setting and teaching children how to sit still, follow directions, raise hands, pay attention, etc. in a fun, engaging way. Once children are welcomed and settled into class, we begin by reading a book relating to the main concept introduced for the day. From reading and learning about different animals, insects, and reptiles, to weather patterns, and even outer space, 3-4 key facts are honed in on and taught to students through fun activities such as placing stickers in our class sticker book. We then sing a song or do an active finger play related to the day’s topic to refocus children and get any wiggles out. The class ends by doing a craft or activity related to the main teaching topic, during which time the main 3-4 concepts are repeated and positively re-enforced.

Maximum 8 kids per class.

\* Caregivers must be present.

\*\* Due to the overwhelming popularity of certain time slots, registrants may not be given their preferred choice, even if they register early. Since you may be assigned your alternate session, please select the time slot only if you are truly willing to commit to it.

## Sports

### Chess

<b>Age:</b>	<b>3 years old and up</b>
<b>Day:</b>	<b>Saturdays</b>
<b>Time:</b>	<b>11:00 a.m. – 11:45 a.m.</b>
<b>Location:</b>	<b>Payson classroom</b>
<b># of Sessions:</b>	<b>22</b>
<b>Fee per child:</b>	<b>\$192.50</b>

We are excited to welcome our teacher back, Tim Mobley, with Chessmates NY. Classes will be held on Saturday mornings from 11:00-11:45 am. If we get enough registrants, we will add another class at 10:00 am and if needed, again at 12:00 pm. These classes would be split up by experience and skill level. We will try to keep each class to four students each.

**Please note in the Comments field or dropdown if your child is new to chess or if he/she has previous experience with chess.**

Your child will:

- Be Prepared
- Learn Sportsmanship
- Be Confident
- Have Fun
- Excel Rapidly

Your child will grow in confidence as they master the basics. Their overall skills will be developed, leading them to more advanced learning. Most important, they'll have fun exploring the fundamental tactics and strategies.

### Adult Yoga

<b>Age:</b>	<b>Adults</b>
<b>Day:</b>	<b>Mondays</b>
<b>Time:</b>	<b>8:30 p.m. – 9:15 p.m.</b>
<b>Location:</b>	<b>Payson playroom</b>
<b># of Sessions:</b>	<b>18 (No classes on February 17, April 13, May 25)</b>
<b>Fee per person:</b>	<b>\$341</b>

This Vinyasa Yoga class (a combination of breath and movement ) will offer an antidote to the stress of your day. Postures and breathing practices will challenge your body and calm your mind. This class is open to all levels. The teacher, Meg, has been teaching in NYC for well over a decade. She is the co-owner of the Upper East Side's House of Jai Yoga, and she has taught Yoga to every age, level of ability, and experience. She believes Yoga is a way not only to heal and improve yourself from the inside out, but also a tool to raise awareness of the patterns and tendencies that cause us to accumulate tension in our daily lives. We are lucky to have her!

\*Adults only - please register under your child's name and place your name in the comments.

## CONTACT US

Do you have a question about a class? Please feel free to contact the corresponding class chair volunteer.

<b>PAA Enrichment Contact Information</b>	
<b>Program</b>	<b>PAA Board Contact Information</b>
Art	<a href="mailto:art@paanyc.org">art@paanyc.org</a>
Dance	<a href="mailto:dance@paanyc.org">dance@paanyc.org</a>
Language	<a href="mailto:programming@paanyc.org">programming@paanyc.org</a>
Music	<a href="mailto:music@paanyc.org">music@paanyc.org</a>
Play and Learn (PAL)	<a href="mailto:pal@paanyc.org">pal@paanyc.org</a>
Rugrat Sports	<a href="mailto:rugratsports@paanyc.org">rugratsports@paanyc.org</a>
Science	<a href="mailto:science@paanyc.org">science@paanyc.org</a>
Sports (Enrichment)	<a href="mailto:sports@paanyc.org">sports@paanyc.org</a>

### GET INVOLVED!

In addition to these enrichment classes, the PAA organizes community-building events, field trips and parties for member families throughout the year; stay tuned to the PAA listserv for information on these. If you are interested in planning PAA classes or events, please join us on the board!

Contact [execboard@paanyc.org](mailto:execboard@paanyc.org) to find out more.