



## 2018 PAA Survey Results Neighborhood Recommendations

PAA members voted for their favorite family-oriented places, activities and experiences-- from neighborhood restaurants, shops, sports classes, playgrounds and parks to doctors, dentists and more-- via our annual survey in the spring of 2018; below are the results. Please note that the most commonly recommended items are ranked with numbers; others are bulleted. PAA member quotations are listed in quotes after recommendations.

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## Favorite Playground

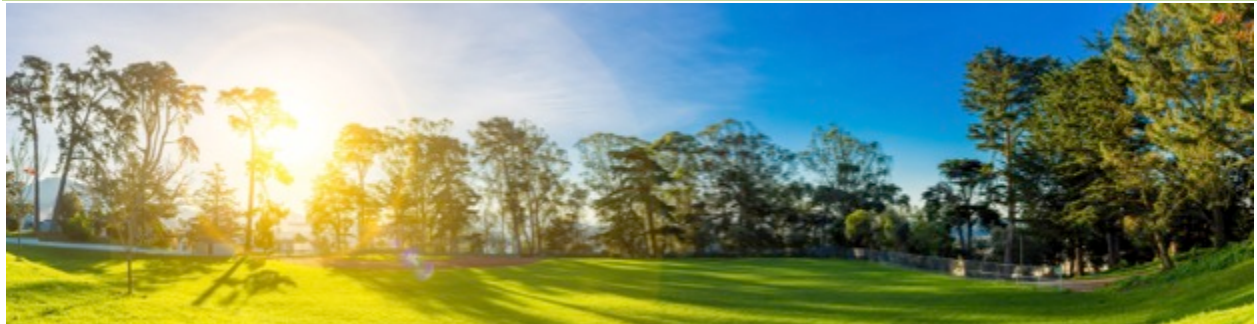


1. **John Jay Park:** FDR drive from East 76-78<sup>th</sup> Streets – “Has more to offer than other neighborhood playgrounds.” “Great especially in summer for water play.” “Fun sprinklers.”

### Other recommended playgrounds:

- **Central Park Playgrounds:**
  - **Ancient Playground,** East 85<sup>th</sup> Street off of Fifth Avenue: “Recently renovated, just north of the MET with fun pyramid-shaped climbing structures, slides, and tunnels.”
  - **Billy Johnson Playground,** East 67<sup>th</sup> Street and 5<sup>th</sup> Ave: “Unfortunately it is closed this spring and summer for renovation (opening in September) but they are updating and keeping the giant granite slide – the best slide in NYC.”
  - **Diana Ross Playground,** West 81<sup>st</sup> Street off of Central Park West: “Big playground with fun climbing net, bridges, firepoles, slides and ladders plus a sprinkler. Great if you are visiting the American Museum of Natural History.”
  - **East 72<sup>nd</sup> Street playground,** East 72<sup>nd</sup> Street and 5<sup>th</sup> Ave
  - **Hecksher Playground,** 61<sup>st</sup>-63<sup>rd</sup> Street, mid park: “Rock climbing for older kids.” “There is a bathroom here!”
- **James Michael Levin Playground,** East 76<sup>th</sup> Street at 5<sup>th</sup> Ave: “Fun water features – a spray fountain and sprinklers.”
- **DeKovats Playground** at Asphalt Green, 91<sup>st</sup> Street and York Ave: “Separate climbing equipment for big and little kids, water sprinklers and is rarely crowded.”
- **St. Catherine's Park,** 1<sup>st</sup> Ave between 67/68 Streets: “Go early morning on weekends to ride bikes or scouter on the basketball courts.”
- **Twenty-Four Sycamores playground,** 60<sup>th</sup> - 61<sup>st</sup> and York Avenue: “Not overrun with teenagers like St. Catherine's Park.”

## Favorite Park



1. **Central Park:** Central Park stretches from North 110<sup>th</sup> Street to Central Park South at 59<sup>th</sup> Street, and from Central Park West at 8<sup>th</sup> Ave to East at 5<sup>th</sup> Ave: *“Perfect for a picnic with friends on tons of space for kids to run around and explore nature.”*
  - Recommended Central Park spots: *“Sheep Meadow”* (West Side from 66<sup>th</sup> to 69<sup>th</sup> Streets); *the Great Lawn* (mid-park between 79<sup>th</sup> St. and 85<sup>th</sup> St.); *Across the pond from Belvedere Castle* (mid-park at 79<sup>th</sup> St.); *Cedar Hill “especially for sledding”* (walk west from the East 79<sup>th</sup> Street entrance).

### Other recommended parks:

- **Bryant Park**, Fifth / Sixth Avenues and between 40<sup>th</sup> and 42<sup>nd</sup> Streets: *“A lot of events and free activities for kids and adults.”*
- **Carl Shurz Park**, East End Av To East River, E 84 St To E 90 St: *“They have summer and fall events for families, like outdoor movies and a pumpkin patch.”*
- **Four Freedoms Park**, Roosevelt Island: *“Kids love riding the tram across to Roosevelt Island; this is a great park for running around without any cars/dangers nearby.”*

## Recommended Indoor Play Areas/Spaces (especially for rainy days)

1. **The Playroom**, 1439 1st Avenue at 75<sup>th</sup> Street – *“Great fun for under 5s.”*

### Other recommended indoor play spaces:

- **53rd Street New York Public Library**: 8 West 53rd Street – *“Children’s room and Teen zone.”*
- **92 Street Gymmaze**, 1395 Lexington Ave at 92 St: *“For ages 2-5.”*
- **The American Museum of Natural History**, Central Park W & 79th St: *“An easy place to spend a few hours with the kids when the weather is bad, especially in the kids’ Discovery Room.”*
- **Art Farm In the City**: 19 E. 91st Street.
- **Children’s Museum of Manhattan**, 212 W 83rd St.
- **PAA Playroom**, 435 E 70<sup>th</sup> Street.
- **TLB Music**, 266 E 78 St: *“Soft padding on the floor which is great for toddlers unlike the Playroom.”*
- **Twinkle Play space**, 144 Frost St, Brooklyn, NY.



## Recommended Activities for Families



- **The American Museum of Natural History:** Central Park W & 79th St – “Great for families and good family programs.” “Love the Planetarium.”
- **Arthur Ross Terrace** at the The American Museum of Natural History: near 81st Street and Columbus – “An almost secret water playground with huge fountain sprays just outside AMNH”
- **Bronx Zoo**, “then Arthur Ave for Italian takeout at Dominick's (indoor seating if kids 5 and older)”
- Central Park zoo, especially Tisch Children's Zoo: 64th St and 5th Ave
- Ferry right from 34th st to Brooklyn
- **National Museum of Mathematics:** 11 East 26th Street
- **M&M store:** @ Broadway and 48th “Surprisingly fun.”
- **The New York Botanical Garden:** 2900 Southern Blvd, Bronx, NY - “The holiday train show is a family favorite.”
- **New York Public Library Early Literacy Programs**, various – “Free, for all ages.”
- **Riding the Roosevelt island tram:** E 59th St & 2nd Avenue – “After the fun ride/ great view, bring a picnic and let the kids run at Four Freedoms Park.”
- **SeaGlass Carousel:** Water St & State Street @ Battery Park
- **Society of Illustrators:** 128 East 63rd Street “for older kids”
- **Staten Island Ferry:** “It’s free and you get a view of the Statue of Liberty!”
- **Victorian Gardens at Wollman Rink**, Central Park - “A fun amusement park for pre-K and elementary school kids in Central Park.”
- **Weill Greenberg Center**, WCMC building / 1305 York Ave – “Ride the escalators with your toddler here, checking out the art on the ceiling as you ride up and down. If you need another nearby toddler activity, check out the fish tanks across the street in Helmsley Lobby.”

## Favorite Art Experiences

1. Children's Museum of the Arts (CMA): 103 Charlton St. NYC – *“Brilliant for kids but hard to get to from UES.”*

### Other recommended art venues and experiences:

- Art Farm In the City: 19 E. 91st Street.
- Craft Studio: 1657 3rd Ave.
- Guggenheim Museum, 1071 5th Avenue at 89th Street - *“Guggenheim Museum Kids and Family events, especially stroller tours for 0-2 year olds (but single strollers only).”*
- Kids at Art, 1412 2nd Ave.
- Metropolitan Museum of Art (Met): 1000 Fifth Avenue at 82nd Street- *“Sackler Wing with the The Temple of Dendur”; “Children’s classes and free Start with Art classes for 3-6 year olds.”*
- MoMA: 11 W 53rd St – *“Hands-on Art Lab and MoMA Kids and families programs.”*
- PAA art classes, 435 E 70<sup>th</sup> Street .
- The Rubin Museum of Art, 150 W 17th St @ 7<sup>th</sup> Ave.
- Sotheby’s, 1334 York Avenue: *“So close and free.”*

## Favorite Theatre and Cultural Events



1. Swedish Cottage Marionette Theatre, Central Park.

### Other recommended art venues and experiences:

- Carnegie Hall Kids/ Family events - *“For ages 2-10.”*
- Christmas Spectacular with the Rockettes
- Galli Theatre, 151 W. 26th Street, 7th Floor in the Gloria Maddox Theater: *“Fun and interactive theatre events for kids.”*
- Lincoln Center kids events *“Some are free.”*
- The Lion King

- School of Rock
- The Very Hungry Caterpillar Show
- WeBop Family Jazz Parties: Lincoln Center, 10 Columbus Circle “For 8 month to 8-year olds.”

## Educational Classes, Daycares and Preschools, and Summer Camps



### Daycare and Preschool

1. PAA-sponsored Play-and-Learn Cooperative (PAL) – “PAL is great!” “Good quality, affordable and convenient!”

#### Other recommended daycare and preschools:

- Art Farm Preschool: 351 E. 74th St.- “Art Farm Preschool shares a space with IKEN on 74th street. We’ve been incredibly happy with the preschool.
- Bright Horizons in Payson House: 435 E 70<sup>th</sup> Street, 2<sup>nd</sup> floor .
- Church of the Epiphany Day School: 1393 York Ave – “Warm and nurturing preschool with a community focus but expensive.”
- Renanim Preschool: 336 East 61st Street - (18 months to 4 years) “Israeli preschool with multiple day options (3, 4, 5 days per week, 12:30, 3:30 or 6 pm pick up, and fairly reasonable - open to Jewish and non-Jewish families!).”
- Temple Israel ECLC: 112 E. 75th Street.

### Pre-K and Elementary

- PS 6: 45 E 81st St
- PS 59: 233 E 56th St
- PS 183: 419 E 66th St - “great atmosphere within the neighborhood with active parent participation”
- William Woodward: 435 E 70th St - “Personalized education, lots of experience”

### After school classes for elementary or older-aged children

- Acting Like a Kid: @ PS 183, 419 East 66th St
- Cartooning
- Drama Kids: @ PS 183, 419 East 66th St – “Engaging, kids develop confidence and enhance social skills”
- Elite Gymnastics: 421 E 91st St



- **Kids in Sports:** 1420 2nd Ave
- **Kids on Wheels:** @ PS 183, 419 East 66th St – “Skate boarding and roller blading classes for elementary aged kids.”
- **Wingspan Arts:** @ PS 183, 419 East 66th St – “Wide variety of creative afterschool classes; my child really enjoyed Toy Makers Workshop in particular.”

## Music and Arts classes

- **Ajna Dance:** 500 8th Ave - (Indian dance class for kids and adults)
- **Craft Studio:** 1657 3rd Ave
- **fi:af French Institute : Alliance Française:** 22 East 60th St – “For ages 1-17 years, terrific small classes on French language, culture, cooking, or arts & crafts.”
- **Kids at Art:** 1412 2nd Ave
- **Little Maestros:** 344 E 69th St
- **New York Conservatory of Music:** 321 E 69th St
- **PAA classes,** 435 E 70<sup>th</sup> Street - “Especially Aaron Short’s music classes.”
- **WeBop University at the Jazz Academy:** Lincoln Center, 10 Columbus Circle - “For ages 8 mo-5 yrs”

## Summer camps or holiday / school vacation camps

- **92nd Y:** 1395 Lexington Ave
- **Asphalt Green:** 555 E 90th St
- **Central Park Zoo Educational Programs** ages 2 yrs + up
- **Deer Mountain:** Pomona, NY
- **Elite Gymnastics:** 421 E 91st St
- **Elmwood Day Camp:** 900 Dobbs Ferry Rd, White Plains, NY – “busing available to camp grounds in Westchester, absolutely phenomenal place to spend the summer for a kid!”
- **fi:af French Institute : Alliance Française:** 22 East 60th St.
- **Kids at Art:** 1412 2nd Ave.
- **Marymount Summer Camp:** 1026 5th Ave (Science or Drama).
- **SummerSault at Town School:** 540 E 76th St.

## Neighborhood Sports and Swim Classes



## Sports Classes

- **92 Y GymMaze:** 1395 Lexington Ave
- **Bryant Park Ice Skating:** Fifth / Sixth Avenues and between 40th and 42nd Streets
- **Elite Gymnastics:** 421 E 91st St
- **Fastbreak Kids:** 1629 1st Avenue
- **Gymtime:** 1520 York Ave.
- **Kids in Sports:** 1420 2nd Ave.
- **Magic Activity Center:** 510 E 74<sup>th</sup> Street.
- **PAA Rug Rats sports:** St. Catherine's park.
- **Physique swimming:** 25 Broadway - *"Through kidpass."*
- **Sokol New York:** 420 E 71st St: *"Great drop in rates" "Old school teaching with community spirit."*
- **Splish Splash water park:** Calverton, New York.
- **West Side Soccer League:** 545 8th Ave - *"The best."*



## Swim Classes

1. **Asphalt Green:** *"classes for ages 4 months + up" "kids pool w/ adjustable depth according to height."*

### Other recommended swim classes:

- **14th Street YMCA** swimming classes – *"A bit of a hike but the swim lessons are half the price of those at 92nd!"*
- **Kid Pass, swimming** at 66th and 2nd Ave
- **Penguin City Swim:** 305 East 86th St - *"Responsive and the instructors are friendly."*
- **Physique swimming:** 25 Broadway - *"Good deal through Kid Pass"*

## Pools and Beaches



- **John Jay Park pool**: East of York Avenue on 77th St. – “Great to have a public pool on the UES but it is a bummer that there is no shallow end for kids.”
- **Coney Island**.
- **Far Rockaway** “Surfing!!!”
- **Greenwich National Park**, CT.
- **Jones Beach**: Wantagh, NY.
- **Sandy Hook**: New Jersey.

## Favorite Neighborhood Library and Book Readings



1. **67 street library**: 328 East 67th Street (near First Ave.) - “Great selection of kids books and movies on the second floor.” “Best one except that the elevator from entrance to the main floor is not supposed to be used for strollers.”

Other recommended libraries in our neighborhood:

- **53rd Street New York Public Library**: 8 West 53rd Street – “Opened in 2016, modern and spacious, across from MOMA, elevator access and indoor stroller parking.”
- **Webster Library**: 1465 York Ave at 77th Street – “Appreciate you can bring a stroller here (vs. 67<sup>th</sup> Street library.)”
- **Yorkville Library**: 222 East 79th Street, between 2<sup>nd</sup> and 3<sup>rd</sup> Avenues– “Good story time, great books.” “Has an open coloring session for kids on Saturdays at 10am, is usually not too busy.”
- **Children’s Center at the Main library (42nd Street / 5th Ave library)** – “Check out the family programs, plus Bryant Park is a fun excursion just outside.”

Others recommend children’s storytimes / book readings in our neighborhood at the Nolen library at the Met, Barnes and Nobles (150 East 86<sup>th</sup> Street) and outdoors in the summer via Songs & Stories in St. Catherine's Park.

## Stores for Children’s Toys and Clothes

### Children’s Toy Store

1. **Flying tiger**: “For kids toys, crafts and art supplies.”

#### Others recommend:

- **Fantastic Kids Toys**: 1503 3rd Ave – “Free gift wrapping”
- **Hombom Toys**: 1500 1st Avenue
- **Learning Express Toys**: 1029 3rd Ave
- **Mary Arnold Toys**: 1010 Lexington Ave
- **Modern State**: 112 E 86th St
- **Shakespeare and Co Book Shop**, 939 Lexington Ave
- **State News**: 2<sup>nd</sup> Ave – “Great place for birthday supplies and balloons”
- **TJ Maxx**: 407 E 59th St



### Children’s clothes:

Bloomingdales, Children's Place, Gap, H&M, Janie & Jack, Lester's, Target and Zara

### Shopping for kids online:

- **Amazon.com**: “Best for toys”, “Great for birthday party supplies”
- **Google Express**: “Next day shipping to stores like Costco, Target, Fairway, Best Buy, Target, Whole Foods, etc.”
- **Hollar.com**: “On-line dollar store, excellent for shopping for stocking stuffers and birthday supplies.”

## Birthday Party Recommendations

- **16 Handles:** 1161 1st Avenue
- **92nd Street Y:** 1395 Lexington Ave
- **Art Farm In the City:** 19 E. 91st Street
- **Bowlmor Lanes:** 222 W 44th St
- **Central Park:** *"For low-key celebrations outside."*
- **Construction Kids,** 63 Flushing Ave, Brooklyn: *"A unique and special experience -- kids are guided to use real tools to build and create."*
- **Garden at Church of the Epiphany,** 1393 York Ave: *"Great for an outdoor party."*
- **GymTime,:** 1520 York Ave
- **Ice skating** in Long Island City, Queens: 47-32 32nd Pl
- **Kids at Art: 1412 2nd Ave**
- **Magic Activity Center:** 510 E 74th St
- **Milk and Cookies:** 1196 1st Avenue - *"Not a parent fav, but girls love it – they get their hair and nails done + a warm cookie and milk."*
- **UNO's Chicago Grill** on the UWS, 432 Columbus Ave

**Birthday supply websites:** Amazon.com, [Balloon Saloon](#), [Birthday In a Box](#), [Hollar](#), [Oriental trading Company](#), [Party City](#).

**Local party supplies stores:** Modern State 1243 3rd Ave and Rainbow Hardware (1449 1st Avenue).

**Birthday party entertainment:** Magician [Magic Evan](#) – *"Awesome magician plus he has a great website with party planning tips and ideas."*



**Outdoor party venues:**



- **Arthur Ross Pinetum Playground**, Central Park between 84th and 86th: picnic tables, open space to roam, swings, fairly close to a bathroom.
- **Billy Johnson Playground, Central Park**: East 67th Street and 5th Ave: A picnic table and green grass on which to picnic, giant sandbox and swings, water sprinklers, a giant granite slide, fairly close to a bathroom.
- **Carl Schurz Park**, East End Av To East River, E 84 St To E 90 St: fully-equipped playground, green grass on which to picnic, room to roam or ride scooters / bicycles along the East River, a pair of restrooms.
- **Hecksher Playground, Central Park**: 61<sup>st</sup>-63<sup>rd</sup> Street, mid park: picnic tables, fully-equipped playground, water sprinklers, bathrooms, and the bonus of Umpire Rock to climb.
- **John Jay Park**: FDR drive from East 76-78<sup>th</sup> Streets: picnic tables, fully-equipped playground, water sprinklers, bathrooms
- **St. Catherine's Park**: 1st Ave between 67/68 Streets: picnic tables, fully-equipped playground, water sprinklers, bathrooms

## Helpful Online Resources for Parents/Families

- **Carnegie Hall** [At a Glance Weekly Concert Listing](#)
- **Groupon** *"for discounted kids and family activities"*
- **Jazz at Lincoln Center** [Newsletter](#)
- **Kidpass** *"for discounted kids activities"*
- **Lincoln Center Kids** [eNewsletter](#)
- **Mommy Poppins**
- **New York Public Library** [free events list](#)
- **NYC Parks** [Kids Events](#) calendar
- **PAA** listserv
- **Parents League** *"for private school"*
- **Petite Seat** on Instagram
- **Red Tricycle NYC**
- **Time Out Kids**
- **UES Mommas FB group** *"over 30,000 members!"*

## Day Getaways

- **Blue Hill at Stone Barns**, Pocantico Hills, NY
- **Bounce Trampoline Sports**, Long Island
- **Brooklyn for parks, Ikea, Smorgasbord**
- **Brooklyn Bridge Park Pier 6 playgrounds**: Brooklyn Bridge Park Greenway, Brooklyn - *"This is our favorite NYC playground – an unbelievable 'waterlab' sandbox 'village' plus slides and swings galore."*
- **Bronx Zoo**: 2300 Southern Blvd, Bronx

- **Coney Island beach and boardwalk** (Brooklyn, NY) – “Close to NYC: beach, boardwalk and rides (at Luna Park).” “Tip: if you have a membership to the Central Park zoo, you park for free at the NY Aquarium and then just hop over to the beach.” “beach, aquarium, boardwalk, amusement park, tons of food”
- **Connecticut**
- **The Farm at Stone Barns Center for Food & Agriculture** Tarrytown, NY
- **Governor's Island** (New York Harbor, NY): “Take the ferry to Governor's Island, a 172 acre island in the heart of New York Harbor, is only 800 yards from Lower Manhattan”
- **Liberty Science Center**, Liberty State Park, Jersey City, NJ
- **Long Island Aquarium**, Long Island
- **Long Island City**
- **New York Botanical Gardens** (Bronx) - “especially for train show and children's garden”
- **Riamede Farm (Chester, NJ)**: “For apple picking.”
- **Ridgefield, CT**
- **Rockefeller State Park**: Pleasantville, NY
- **Westchester**

## Weekend Getaways and Vacation Spots



- **Berkshires skiing**
- **Blackberry Farm** (Walland, TN), 4,200-acre hotel & resort in the foothills of the Great Smoky Mountains – “Quick flight into Knoxville, easy to get to, great for adults alone or with kids, great outdoor activities, excellent on-site child care and summer camp, a Relais & Chateaux property with James Beard and Wine Spectator-award winning farm-to-table dining”
- **Cape May, NJ**
- **Disney World** (Orlando, FL)
- **Great Wolf Lodge** (Pocono Mountains, PA): “Our toddler and elementary school-aged kids LOVE this water park.”
- **Hamptons**

- **Miami, FL**
- **Mohonk Mountain House**, New Paltz, NY
- **Philadelphia, PA:** *"Great art and history"*
- **Portugal**
- **Scottsdale, AZ**
- **Turks & Caicos Beaches Resort** - *"super expensive but checking for online offers with great discounts; any hotel in Dominican Republic (book soon to avoid paying overpriced flights)"*
- **Washington DC**

## Recommended Taxi/Car Service with Car Seat

- **Uber Family**
- **Eastern Car Service**
- **Legends**
- **Lyft:** *"You can request a car seat."*
- **Dial 7:** *"Not sure if they offer car seat"*
- **Jupiter car service:** *"Provides car seats for 5\$ each"*

## Favorite Neighborhood Take-out Restaurants

### Tie for first place:

1) **Matsu** (Japanese, Sushi): 411 E 70th St between York and 1<sup>st</sup> Aves – *"Great lunch specials." "Fast, healthy and good."*

1) **Up Thai** (Thai): 1411 2nd Ave b/t 73rd St & 74th St

### Others recommended:

- **Amura:** 1567 2nd Ave
- **Bamboo:** 1280 1st Avenue - *"sushi lunch special"*
- **Beach Café:** 1326 2nd Ave
- **Cafe Luka:** 1319 1st Ave b/t 71st St & 70th St
- **Gotham Pizza:** 1443 York Ave
- **Good Health:** 1435 1st Ave
- **Go Noodle Nine Moon:** 1069 1st Ave *"for chicken noodle soup"*
- **Greek Eats 2:** 1229 1st Avenue
- **Hunan Delight:** 1467 York Ave – *"great lunch specials"*
- **Japan Express Food Truck**, usually parked at York between 71/72 Streets – *"Delicious and fresh hibachi stir fries at an unbeatable price."*
- **Kati Roll:** 229 E 53rd S
- **Luke's Lobster:** 242 E 81st St – *"Delicious lobster rolls to take on a picnic in Central Park."*
- **Moti Mahal Deluxe:** 1149 1st Ave – *"Delicious"*





- **Nick's Pizza:** 1814 2nd Ave
- **Sashimi Express:** 354 E 78th St
- **Shun Lee Palace:** 155 E 55th St
- **Sweetgreen:** 1321 1st Avenue
- **Sutton Pizza:** 1140 1st Avenue
- **Vietnam:** 1700 2nd Ave – *“Great sandwiches”*

## Favorite Neighborhood Family-Friendly Restaurant

1. **Patsy's:** 1279 1st Ave between 68/69<sup>th</sup> Streets - *“Our kids favorite hands down.”*

### Others recommended:

- **5 Napkin Burger:** 1325 2nd Ave
- **Baker Street:** 1152 1st Avenue
- **BareBurger:** 1370 1st Ave b/t 73rd St & 74th St – *“especially the happy hour \$3 milkshakes.”*
- **Boqueria UES:** 1460 2nd Ave
- **Cafe Luka:** 1319 1st Ave b/t 71st St & 70th St – *“Easy to get table, large selection.”*
- **Cascabel:** 1556 2nd Ave
- **Evergreen:** 1367 1st Avenue
- **Gina LaFornina:** 26 E 91st St
- **Heidelberg:** 1648 2nd Ave – *“kids love the food”*
- **Hunan Delight:** 1467 York Ave - *“inexpensive and has room for a single jogging stroller!”*
- **Matsu:** 411 E 70th St between York and 1<sup>st</sup> Aves
- **The Meatball Shop:** 1462 2nd Ave
- **Meijin Ramen:** 1574 2nd Ave
- **Numero 28 Pizzeria:** 1431 1st Avenue
- **Padoca bakery:** 359 E 68th St
- **Per Lei:** 1347 2nd Ave
- **Shake Shack:** 154 E 86th St
- **Tony di Napoli:** 1081 3rd Ave
- **Union Square Café:** 101 E 19th St – *“outside of neighborhood, but great refined food and surprisingly kid-friendly”*

## Favorite Neighborhood Restaurants and Cafes for Breakfast and Brunch



1. **Cafe Luka:** 1319 1st Ave, between 70<sup>th</sup> and 71<sup>st</sup> St

**Others recommended:**

- **August:** 791 Lexington Ave between 61<sup>st</sup> and 62<sup>nd</sup> St
- **Bel Ami Café:** 30 E 68th St between Madison and Park Ave
- **Cafe Evergreen:** 1367 1st Avenue between 73<sup>rd</sup> and 74<sup>th</sup> St
- **Dim Sum Go Go:** 5 East Broadway – *“Outside of our neighborhood (in Chinatown) but a delicious brunch spot and never crowded at 10am for a dim sum adventure with the family.”*
- **The East Pole:** The East Pole – *“Farm to Table”*
- **Ines:** 419 E 74th St between 1<sup>st</sup> and York
- **Le Moulin a Café:** 1439 York Ave b/t 76/77 Streets
- **Le Pain Quotidien:** 1270 1st Ave between 68/69 – *“Child's menu is a great deal.”*
- **Maison Kayser:** 1294 3rd Ave
- **Padoca:** 359 E. 68th Street @ 1<sup>st</sup> Ave
- **Sant Ambrœus** Coffee Bar at Sotheby's: 1334 York Ave – *“10th floor rooftop views with indoor/outdoor seating”*
- **Serena's:** 1268 2nd Ave @ 67<sup>th</sup> St
- **The Smith:** 956 2nd Ave @ 51 St
- **Tavern62** by David Burke: 135 E 62nd St
- **Treadwell Park:** 1125 1st Ave @ 62<sup>nd</sup> St
- **Uva:** 1486 2nd Ave between 77<sup>th</sup> and 78<sup>th</sup> St
- **Yura:** 1350 Madison Ave between 94<sup>th</sup> and 95<sup>th</sup> St

## Favorite Neighborhood Date night Restaurants

1. **Uva:** 1486 2nd Ave between 77/78 Streets

**Other recommended date night restaurants:**

- **Amali:** 115 E 60th St
- **Bar Pleiades:** 20 E 76th St
- **The East Pole:** 133 E 65th St
- **Felice:** 1166 1st Ave at 64<sup>th</sup> Street
- **Flora Bar at the Met Breuer:** 945 Madison Ave
- **Heidi's House:** 308 E 78th St
- **The Jeffrey Craft Beer & Bites:** 311 E 60th St - *"Happy Hour"*
- **JoJo:** 160 E 64th St
- **Ko Sushi:** 1329 2nd Ave
- **Matsu:** 411 E 70th St between York and 1<sup>st</sup> Aves – *"A stand-in if we are feeling lazy."*
- **Maya:** 1191 1st Ave between 64th St & 65th St
- **Moti Mahal Deluxe:** 1149 1st Ave
- **Nino's:** 1354 1st Avenue
- **Rosa Mexicana:** 1063 1st Avenue
- **Tanoshi Sushi Sake Bar:** 1372 York Ave – *"Hands down the best sushi experience on UES." "Tip: reserve far ahead"*
- **Up Thai:** 1411 2nd Ave b/t 73rd St & 74th St
- **Vaucluse:** 100 E 63rd St

Editor's favorite  
response: "What's date  
night?"



## Desserts





- **Alice Teacup Chapter II:** 156 E 64th St– *“Super fun for the kids.”*
- **Dulce de Leche Bakery** in NJ for catering (min \$200 delivery to NY)
- **Sedutto** (Ice Cream): 1498 1st Ave
- **The Sweet Shop:** 404 E 73rd St - *“Go for ice cream and use your hospital employee discount (but limited seating)”*

## Favorite Grocery Store or Market

1. **Matter of Health:** 72nd Street/ 1st Ave.

### Others recommend:

- **67th Street Flea & Farmer’s Market:** 67<sup>th</sup> Street between York and 1<sup>st</sup> Ave– *“Open year round on Saturdays, 6am - 6pm. There are a great selection of local produce, baked goods and more.”*
- **Aldis:** 517 E 117th St – *“In the same complex as Costco and owned by the owners of Trader Joes. Outstanding prices.”*
- **C-town** in Elmhurst or Harlem
- **Citarella:** 1313 3rd Ave
- **Costco:** 517 E 117th St – *“Take a Via (shared ride) there for just \$5.”*
- **Fairway:** 240 E 86th St – *“Free delivery for order over \$125.”*
- **Fleishers Craft Butchery:** 1325 3rd Ave – *“Unparalleled quality meats, poultry, and charcuterie, expert butcher. ”*
- **Gristedes:** 1208 1st Ave

- **GrowNYC's Fresh Food Box Program / Community Supported Agriculture (CSA) share:** Lenox Hill Neighborhood House, 331 East 70th Street - *"The cost is \$14 per share and the produce is usually worth at least twice that amount. Pick up is on Tuesdays between 3:30 pm - 6:30 pm. You have to pay the WEEK BEFORE to pick up the CSA the following week."*
- **Morton Williams:** 1331 1<sup>st</sup> Ave.
- **Roy's Fish Market:** 1138 1st Ave – *"fresh seafood, helpful fishmonger, no minimum free delivery."*
- **Trader Joe's:** East 30s, West 70s – *"If only a TJ's store will open on the UES."*
- **Whole Foods:** 226 E 57th St



## Online Grocery Shopping

- Freshdirect
- Amazon Fresh
- **Uber Eats Food Delivery:** *"We are so lucky to have this gem nearby"*
- **Google Express**
- **Instacart App:** *"Delivers Whole Foods, Costco, Fairway, Zabar's, CVS, Petco"*

# Pediatric Doctor, Dentist and Other Health Care Providers



## Pediatric Doctor

- **Apple Pediatrics** with specific recommendations for Dr. Farber: 157 E 72nd St
- **Manhattan Pediatrics**, with specific recommendations for Dr. Sharon Ho: 125 East 72nd Street
- **NYU, Dr. Harris Burstin**
- **Pediatric Associates**
- **Tribeca Pediatrics**, with specific recommendations for Dr. Belosa: 304 E 62nd St.
- **Uptown Pediatrics** (1245 Park Ave, and 96<sup>th</sup> St).
- **Weill Cornell Medicine Primary Care - East Side**, with specific recommendations for Drs. Kercher, Pozzuoli, Ogden, Olivera, and Rowe: 215 E. 85th Street.

## Pediatric Dentist

- **Ava Thaw, DDS**: 342 E 67th St, (212) 734-4298: *"Solo practice family dentist, specializes in general dentistry and prosthodontics. She and her assistant are great with kids and adults, especially those with dentist-phobias. Takes insurance. Has excellent education and training background."*
- **Bright Healthy Smiles**: 1317 3rd Ave - Dr. Liora Benichou.
- **Dr. Mike King**: 30 E 40th St.
- **Park Avenue Smile**: 120 E 62nd St.
- **Slim Dental Kids**: 1400 York Ave.
- **UES Smiles**: 261 E 78th St.

## Pediatric Allergist

- **Dr. Joyce Yu**: 505 E 70th St
- **Mt. Sinai Allergists**